

Northside High School

General PE

Class Syllabus

2006-2007

Course Description: This course is designed to acquaint the student with different physical activities that will contribute to a lifetime of wellness. THIS IS AN ELECTIVE COURSE.

Topic Outline:

The course may include, but not be limited to the following activities:

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|----------------|------------------|------------------------|
| 1. Badminton | 5. Flag Football | 9. Walking |
| 2. Pickle Ball | 6. Softball | 10. Stretching |
| 3. Basketball | 7. Ping Pong | 11. Aerobics and Dance |
| 4. Volleyball | 8. Jogging | 12. Tae-Bo |

Daily Grading/Dress Out Procedure: Daily participation, dress and attitude are the major emphasis for evaluation.

1. Each student will begin with 100 points.
2. Students are required to dress out each day of the week.
3. 5 points will be deducted for each dress cut.
4. 5 points will be deducted for lack of participation, even if the student is dressed out.
5. Points will also be deducted for a lack of **WORK ETHIC**.

Laziness will not be tolerated. Students who repeatedly do not dress out will risk failing the nine weeks.

The Grading Scale is:

A = 90 – 100
B = 80 – 89
C = 70 – 79
F = 69 or lower

Safety: It is important that each student have respect for what injuries can occur in the gym. Each student is responsible for using common sense. Failure to employ safe practices may result in your elimination from the class. Stay on task and with your group at all times. Wandering around the gym will warrant cause for disciplinary action.

Discipline: Disruptive behavior and disrespect for other students and the teacher will not be tolerated. See the “Discipline Plan” in your student handbook for specifics. Please keep this mind so that we will have a productive and enjoyable year.

Tardiness: 1st tardy = warning 2nd tardy = detention 3rd tardy = reported to administration

If you have any questions about our Physical Education program, please contact one of the coaches:

David Taylor	dataylor@mcsdga.net	Nathan Laney	nlaney@mcsdga.net
Tish Hidle	phidle@mcsdga.net	Mike McManus	jmcmanus@mcsdga.net
Kenneth Lawrence	klawrence@mcsdga.net		

Student's Name (print): _____ Date: _____

Student's Signature: _____ Date: _____

Parent's Signature: _____ Date: _____