

Brown Bag of Columbus

Food For The Elderly



FACTS:

- The fastest growing population is persons over sixty years of age.
- Thousands of elderly in Columbus live on fixed incomes so low that the end of each month presents a real food emergency for them.
- Malnutrition can lead to serious health problems for the elderly increasing their health cost and further depleting their monthly income.
- For many elderly individuals their fixed income does not cover all the living expenses they have. Weekly groceries are the first item to be deleted if other bills are to be paid.

THERE IS HOPE AND A WAY TO HELP!

For \$3.00 a month you can sponsor an eligible senior adult through the Brown Bag program. Your donation will help provide an individual with groceries distributed the third week of each month. Studies have shown this to be the time when most if not all their income is gone.

Brown Bag of Columbus

P.O. Box 4828

Columbus, GA 31904

(706) 596-8581

I am interested in helping by:

Sponsoring _____ individual(s)

Donation \$ _____

Volunteering at the site.

Volunteering to make deliveries.